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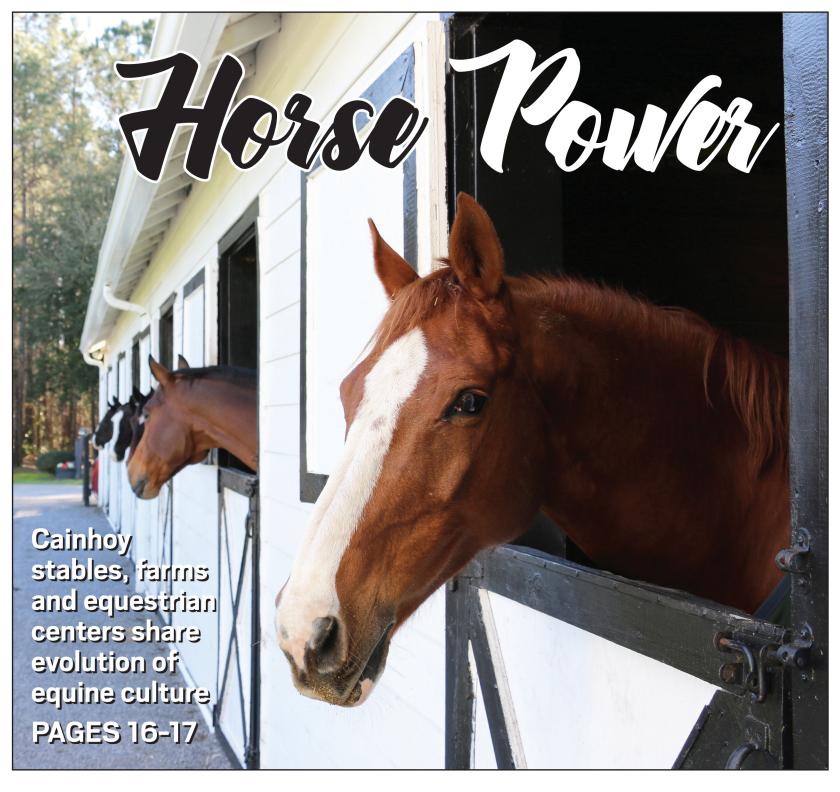


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# Baniel Island News

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March 11 - 17, 2021





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## Program allows students unique STEM, service opportunities

Philip Simmons High School approved for Air Force Junior ROTC program

#### **ELIZABETH HORTON**

news@thedanielislandnews.com

Imagine spending each day immersed in an aerospace science class, experiencing flight in an interactive flight simulator, employing state-of-the-art drone technology, working toward a pilot's license, honing leadership skills, and serving your community - all in a high school setting.

In 2020, just after Berkeley County schools shuttered in response to COVID-19, Philip Simmons High School (PSHS) was approved to launch its elite Air Force Junior Reserve Officer Training Corps (AFJROTC)

The mission of AFJROTC is to "develop citizens of character dedicated to serving their nation and community." At the high school level, it is a citizenship program, not an Air Force recruiting program. Students embrace military values but are not committed to military service by joining; however, they receive many benefits, including scholarship opportunities.

As a mentor, Chief Master Sergeant



PROVIDED

**Retired Chief Master Sergeant** Michelle Siau brings a wealth of knowledge to the new Junior ROTC program at Philip Simmons High.

(Retired) Michelle Siau, a Daniel Island resident, brings a wealth of knowledge to the program.

"I spent 22 and a half years on active duty with the USAF (United States Air Force)," she noted. "During my last assignment I spent eight years at the Pentagon Joint Staff supporting a two-star general, then a three-star general. I was able to obtain

an associate degree in mechanical/electrical engineering; bachelor's in management, and a master's degree in educational leadership."

In 1990, she was certified as a USAF and USA instructor and taught Airmen Leadership School. She also developed curriculum and was an instructor for criminal intelligence analysis courses.



PROVIDED

Lt. Col. Christopher Ott comes to **Philip Simmons** High with 20 years of experience and serves as the senior aerospace science instructor. goals for the program, Siau said, "We definitely want to reach as many students as possible and help them gain knowledge about college scholarships. We would like to see as many of our cadets as possible apply and get accepted to the new HQ AFJROTC Flight Academy program. We would like to grow this into a very respectable STEM oriented pro-

When asked about

gram for our community and students."

The AFJROTC Flight Academy Private Pilot Scholarship program is an eight-week summer aviation training program conducted at partnering universities nationwide. Upon successful completion of the program, students are awarded a private pilot's certification. The Flight Academy is intended

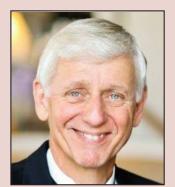
to inspire and encourage high school youth toward aviation careers and awards a scholarship valued at \$20,000. Currently, there is a shortage of pilots worldwide and the Air Force considers it to be a critical problem; flightglobal.com predicts that 800,000 new pilots will be needed over the next 20 years. Students who are eligible to participate in the program can be trained at no cost for viable careers that are in high demand.

Lt. Col. Christopher Ott serves as the senior aerospace science instructor (SASI) at PSHS. After a distinguished 20-year career, Ott retired from active duty on June 1, 2020. Commissioned in 2000 as a graduate of the United States Air Force Academy, Ott earned his pilot wings in 2002 and was assigned to fly the C-17A at Joint Base Charleston. He holds a Bachelor of Science in human factors engineering from the Air Force Academy and a Master of Aeronautical Science from Embry-Riddle Aeronautical University.

During his own high school days, Ott participated in AFJROTC for three years. Recognizing its positive impact, he is an enthusiastic contributor for the initiative.

See PROGRAM on PAGE 10

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## The Daniel Island News ■ March 11-17, 2021

## Grassroots effort providing new home for local family in need

## **ELIZABETH BUSH**

beth@thedanielislandnews.com

Something is spreading on the Cainhoy peninsula – but it has nothing to do with the current pandemic. In this case, the contagion is goodness with a healthy dose of compassion. And just about everyone who comes in contact with it is being impacted, most importantly the family at the heart of it all.

The Mack Family Project is spearheaded by Cainhoy peninsula resident Mary Nemeth, along with Ryan Butler of SHELTER Custom-Built Living, and involves building a brand new home for a special local family in need.

"This really is a dream come true," Nemeth said.

When Nemeth, former president of the Philip Simmons High School Parent Teacher Student Association, learned a student at the school had suffered a brain aneurysm, she immediately stepped in to help.

"All the Philip Simmons families Nemeth recalled. were taking turns, making sure

they had lunches made, making sure they had a place to sleep, that they had a jacket, whatever they needed," Nemeth said.

The student, one of six siblings being cared for by their single mother, is a beloved member of the PSHS family. Because of his new medical needs, and frequent trips to and from the hospital, his mother began to struggle to keep her job and make ends meet.

"Being a single mom, and the kind of mom that she is, she didn't and wouldn't leave his side," Nemeth said.

Not only did she lose her employment, but also the family's home, prompting her to find temporary housing for the children with other family members and friends. When Nemeth learned the family might move into a vacant trailer, she drove out to the site with her husband, Peter, to have a look.

"It was in really bad shape,"

So she called her good friend



A dream come true is in the works on the Cainhoy peninsula, where SHELTER Custom-Built Living and other contractors are providing a new home for a local family.

Butler, an award-winning local builder, to get his guidance on whether or not it could be fixed up to give the family a decent place to live. When Butler saw the trailer, he knew that wouldn't work.



Those involved with the Mack Family Project gathered at the site of the family's new home off Jack Primus Road to bless the land.

"To me, it was just beyond repair," Butler said.

"And, jokingly, I said well we should build them a house!" Nemeth added. "... And he says, raise the money."

So Nemeth set out to do just that, bringing in an initial \$22,000. SHELTER is coordinating the build, and most of the materials and other expenses are being donated by a number of local contractors and vendors. Architect Liz Baker of Translations Design Studio drew

up the plans for the house free of charge. Brian Wells, a structural engineer, is also pitching in pro bono.

The project is now well underway – but an unanticipated septic issue came up recently which will require additional funding.

"To fix the septic issue costs everything I've raised," Nemeth said. "What we really need now is money."

To donate, call 267-664-0904 or Mary e nemeth@hotmail.com.

"Working here on Daniel Island and living here on Daniel Island you just realize how fortunate you are with what this area has provided, and when you see a neighbor right up the street fall on such hard times it makes you want to do something about it with your abilities," Butler said.

"It's just the heartstrings of our community," Nemeth added. "It's like the string goes from my heart, to your heart, to the next person's heart. And that's what connects us all."





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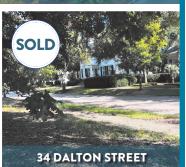












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# **Encouraged**



## from the publisher

SUZANNE DETAR

As we mark the one year anniversary of COVID-19 in South Carolina and the lockdown, I found myself trying to remain positive and asking, "Where is the good in this?"

I know I am not the first to ask this question or use this method of looking for encouragement in times of despair. Did it come from my

mother? An ancient philosopher? A modern-day self-help guru? A pastor from my youth? An internet meme? Regardless of the question's origin, finding "the good" is a way to stay optimistic – to be encouraged.

I urge you not to view the question, or the way you answer, in a way that diminishes the havoc caused by the pandemic. Rather, search for the good before forming your

answer as a way to recognize perseverance, grit, and the living of everyday life. Open your eyes, your ears, your heart, your intellect and your mind. I am confident you will find something good.

I concede that on first reflection, it is challenging to find encouragement in the pandemic and the passage of this last year: over 500,000 lives lost nationwide — over 8.000 of our fellow South Carolinians among that number jobs lost, finances ruined, celebrations tempered or cancelled, loneliness and despair experienced, education interrupted, health destroyed.

The Daniel Island News has recorded hundreds of interviews and stories, in print and online, related to the pandemic over the last year. Not surprising, many of those stories have been encouraging. Stories about how our neighbors are finding ways to serve others, how to use telehealth, how quickly scientists have developed multiple vaccines, how proficient banks have been at approving and dispersing PPP loans, how people are building and stocking Blessing Boxes with food, how churches are worshiping online, how students and teachers are learning, how restaurants and other small businesses have found solutions, how athletes are competing, and how families are coping.

alone in Pennsylvania and my adult son who lives in Australia. Travel to visit my dad has been limited by his health and age. A trip to or from Australia is prohibited by the cost and time associated with a 14-day mandatory hotel quarantine. Many of you have experienced greater concerns than these.

But, I am encouraged by

and phone calls with my dad are reassuring. I've found joy in some of the simplest things, like learning to cut my husband's hair (even if it is only with the electric clippers), continuing our church's traditional chili cook off remotely, and rediscovering my youthful ritual of reading the daily comics. I happen upon "Pearls before Swine" and find myself laughing out loud regularly. This is good.

Most importantly, the development, production, and distribution of the vaccines bring added encouragement in the promise of lives saved, health protected, regular school routines resumed, lives lived together. This is good.

I encourage you to be encouraged and find the good in this too.

For me, I miss my elderly father who lives

the fact that I can Facebook video message with my son

# the current current

Open your eyes,

your ears, your

heart, your intellect

and your mind.

I am confident

you will find

something good.

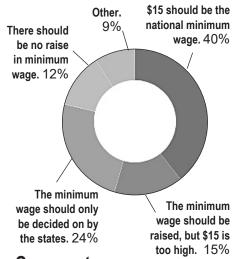
Keep up with local news via The Daniel Island News' e-newsletter, The Current. Find these articles and more online at thedanielislandnews.com.

- Who are America's funniest comedians?
- Check out a SC State Park Passport from the Berkeley County Library

Send an email to katherine@thedanielislandnews.com to have The Current sent to your inbox each Monday and Friday.

## Readers Poll: Raising the Minimum Wage

The stipulation of a \$15 minimum wage was a contentious issue as Congress considered the latest COVID relief package now under review by the Senate. Whether or not it was appropriate as part of that piece of legislation, in general, do you think the federal minimum wage should be raised?



## Comments:

- · While I think a small increase is appropriate, more than doubling the minimum wage would severely harm small businesses that are already struggling because of the pandemic.
- · It costs different amounts to live in different places. Saying a business in Seattle should pay the same as a business in rural SC is not fair or realistic. Additionally, there should be an annual adjustment based on increases (or not) in cost of living.
- The point of minimum wage is not to live off it. It is a starting point. Not everyone is qualified to make \$25 an hour. Those businesses that start with that salary are for uneducated positions.

## **NEXT WEEK'S SURVEY: NOISY LEAF BLOWERS**

The use of leaf blowers and other noisy landscaping equipment raises conflicting opinions among resi-



dents. Do you think the use of such equipment should be restricted? Share your thoughts at surveymonkey.com/r/

NoisyLeafBlowers or use the QR code by Sunday, March 14, 5 p.m.





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## The language of listening

#### **ZACH GIROUX**

zach@thedanielislandnews.com

A hyperpolyglot is one who masters or becomes fluent in many different languages – by definition, six or more. Meet Daniel Island resident Thad Schmenk who calls himself a "hypopolyglot."

After more than two decades in education, with a specialty in foreign language, Schmenk, who speaks English, Japanese and German and is learning Spanish, decided it was time to talk about what he knows.

His mastery of speaking and teaching several tongues was honed overseas. In the late 1990s, Schmenk spent three years in Yamagata, Japan, at an exchange program. There, he taught English to students, helped draft an English curriculum and trained other

Schmenk eventually returned stateside, where he joined the staff at Fort Dorchester High. He came aboard as a German teacher, where he spent a year of high school learning the language. During his undergraduate studies at the College of Charleston, he studied abroad in Germany as an English tutor and then became a resident adviser.

One of his greatest success stories as an educator came when he was teaching German to a student who was blind. Schmenk had to learn how to translate from English to German braille. That student took his class for four years and proceeded to go to college and continue studying languages.

"You really don't know your own language until you have studied another one," he added.

In 2004, Schmenk and his family settled down on Daniel Island. He remarked that the slice of Lowcountry paradise is incomparable to any destination his worldly travels had taken him.

As Schmenk's roots began to spread on the island, his teaching career continued to sprout. He would go on to be named the assistant principal at Fort Dorchester and then in 2011 the principal of Alston Middle School in Summerville.

In recent years, Schmenk received his Master of Education in school leadership and secondary education from The Citadel, and became the director of assessment and accountability at Dorchester County School District Two's Curriculum & Instruction Department.

Schmenk's latest venture bears the fruit of his lifelong labor, a culmination of his teaching endeavors that he coined "The Hy-



Daniel Island resident Thad Schmenk is seen recording his podcast "The HypoPolyglot."

## **QUICK QUOTES**

- · What is your ultimate weekend hobby? Hiking
- What is the oddest job you've ever worked? Rice farmer
- What is your favorite book? Anything by Bill Bryson

poPolyglot." The fictitious name he invented means a master of less than six languages, which he then transcended into a finely tuned podcast in May 2020.

As host, Schmenk's mission is to provide listeners of all ages insights into the art and science of learning languages, in order to help them make the most out of their journey, resources, time, and abilities.

"You enjoy when that lightbulb goes on and the kids start to have success in something that they feared," he said.

The podcast discusses a variety of topics including: how to learn a language, language education, universal grammar topics, how to stay motivated, linguistic perspectives, as well as other insights related to the world of language. All material recorded is purposefully designed for teachers to use as a learning exercise in a classroom setting.

Since its inception, Schmenk has put out just shy of 30 episodes. Thousands of listens later, the podcast has reached 17 countries and counting.

To learn more, go to thehypopolyglot.com.

## police BLOT

#### **ELIZABETH HORTON**

The following incidents were taken from the City of Charleston Police Department reports within the Team 5 area (Daniel Island and parts of the Cainhoy peninsula) between Feb. 1-15.

#### **BICYCLE THEFTS**

On Feb. 2, Team 5 met with a complainant who advised that his red and black, Giant brand, roadstyle bicycle was stolen from inside of the gated garage area at his apartment complex on Robert Daniel Drive. The bicycle was locked to a metal rack, which was also removed. Security cameras were not in operation at the facility. Pawn shops have been alerted. The bicycle is valued at \$3,227.

Two 21-speed, Trek mountain bicycles were illegally removed from an apartment complex on Seven Farms Drive on Feb. 9. The victim said that both bicycles were locked but the cables that secured them had been cut with the locks still intact. Security footage was not available in the area where the theft occurred.

Then on Feb. 14, another bicycle, burgundy in color, was stolen from a River Landing Drive apartment complex that was unlocked

and parked outside of the residential unit. The bicycle is valued at \$400.

#### MOTOR VEHICLE THEFT

On Feb. 4, an officer met with a victim who advised that his 2004 Ford pickup with Wisconsin license plates was stolen from a gas station on Clements Ferry Road. The complainant parked the vehicle on Feb. 2 and when he returned Feb. 4, it was missing. The victim claimed to be in possession of the only set of keys to the truck, valued at \$10,000.

#### **IDENTITY THEFT**

An officer responded to a residence on Chimney Back Street on Feb. 5 in reference to an identity theft. An individual listing an address in Charlotte, North Carolina, used the victim's identity to open a TD Bank online account on Dec. 3. On Feb. 5, a different address in Charlotte was used to open a Duke Energy account using the victim's credentials. On the same day, a Spectrum Mobile account was also opened, which launched an internal investigation. The victim had provided her financial information to a property management group in Summerville and said that the breach may have occurred during that transaction.

#### RECOVERED STOLEN VEHICLE

At 7:16 p.m. on Feb. 6, an officer responded to a single vehicle collision on I-526 East near Exit 24, Daniel Island. Three men were standing outside of a Toyota Prius while the vehicle was stuck in the mud. The officer offered to stay on site for assistance. A few minutes later, another vehicle pulled in behind the Prius, picked up the driver and two children who were in the back seat, and left the scene. The officer ran the plates and determined that the vehicle had been stolen in Myrtle Beach. The two remaining passengers claimed they only knew the driver by the name "J.T." and were in the car because he was taking them to Hemingway, South Carolina. The original owner was contacted and stated that her insurance had already paid for the vehicle. The Prius was towed; an investigation is pending.

#### PEEPING TOM

Team 5 met with a victim on Feb. 9 at a business on Island Park Drive where she stated that a delivery driver used his cell phone to take pictures underneath her skirt. The complainant said that the driver stood behind her and positioned his phone between her legs, and snapped four photos without her

consent. The business provided surveillance footage that shows the incident occurred as the victim described. The driver's employer terminated him after reviewing the video.

The suspect was arrested and transported to Charleston Police headquarters for questioning. The suspect admitted to taking the photos but said he deleted them. During the interview process, he said that he had numerous victims and "had been doing this for years." Police confiscated electronic devices from his home and will be reviewing the data to obtain additional evidence. The suspect is being held at the Berkeley County Detention Center.

Related to this arrest, on Oct. 15, 2020, The Daniel Island News reported a Peeping Tom incident that occurred at a business on Seven Farms Drive. A delivery driver followed a receptionist into a back office, allowing for less than 3 inches of personal space, and was holding his iPhone on his leg. The victim suspected that he was taking pictures with the camera lens pointed under her dress. Police questioned him and he denied the accusation. The driver's employer banned him from making deliveries at the Seven Farms business. Team 5 has confirmed that the Feb. 9 suspect was the same individual accused in both cases.

## **EXPERIENCE MATTERS**



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## 'I like how it requires discipline and other character building traits'

From PROGRAM on PAGE 02

"We can offer an exciting program that highlights aviation and a STEM curriculum," he said. "JROTC has evolved so much and I'm happy to be able to give back to a program that changed my path in life."

During the first semester, AFJROTC kicked off with 20 cadets. This semester, 11 students are enrolled. According to Siau, the cadets have the opportunity to be involved in CyberPatriot, StellarXplorers, JLAB (Academic Bowl), Raider Challenge, color guard and drill competitions, community service, Flight Academy, and the Cadet Leadership Camp. Community-In-Action trips will be included in future years.

Ian Mullaney, a PSHS ninth grader, joined AF-JROTC to expand on his interest in the engineering field. He said he was challenged when learning the leadership skills. Senior Will Ramey enrolled to help him prepare for his future at The Citadel. Macey MacGloan, a freshman, was attracted to the hands-on aspect of the class and the variety of topics, particularly coding.

Dawson Wells, a junior, said, "I want to find a sense of service, so that I'm not only serving myself, but the people around me too. I like how it requires



Cadets Dejardins, Brunson, and Mullaney compete in Virtual Academic Bowl, or JLAB.

discipline and other character building traits." He added that the course got him out of his comfort zone and he is learning things that are completely

To learn more about the new AFJROTC program, visit the school's website at bcsdschools.net/ Page/33379.



PROVIDED

Lt. Col. Christopher Ott instructs Cadet Halsey using the Microsoft Flight Simulator at Philip Simmons High School.







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## Be a leader who lifts



## management moment

DOUG DICKERSON

In the washroom of a place of business in London, British newspaper publisher William Beaverbrook happened to meet Edward Heath, a young member of Parliament, about whom Beaverbrook had printed an insulting article a few days earlier. "My dear chap," said the publisher, embarrassed by the meeting, "I've been thinking it over, and I was wrong. Here and now, I wish to apologize."

"Very well," Heath grunted, "but next time, I wish you'd insult me in the washroom and apologize in your newspaper."

If you hang around in leadership long enough, you will eventually have moments when you are on the receiving end of critics and toxic people. It comes with the territory. My friend Ron Ward explains it this way. "The tallest trees catch the most wind. Leadership can make you a target."

Most likely by now, you've heard the popular expression, "In a world where you can be anything, be kind." I think it's time more people live it, especially leaders.

One of the most lasting things you can do as a leader is to lift others – to see people where they are, not with a condescending eye, but with a lifting hand.

What qualities or attitudes do lifting leaders possess? What sets apart leaders that lift as compared to leaders that hold others

## LEADERS THAT LIFT LOOK AT POTENTIAL

When you look for the potential in people it becomes the starting place for lifting. It's a principle I learned many years ago from John Maxwell. He always saw people as a 10. In reality, they may only be a two, three, or four, but he looked upon them as 10s. He saw them not as they were in that moment but who they could become. As a leader that lifts, don't just look at the dirt that surrounds that diamond in the rough, look at their intrinsic value and worth.

## LEADERS THAT LIFT SET ASIDE THEIR INSECURITIES

So long as you are insecure you will

One of the most lasting things you can do as a leader is to lift others – to see people where they are, not with a condescending eye, but with a lifting hand.

always be looking upon others with a suspicious eye. This posture puts a lid on your leadership. What's worse, in the process, you hold others back. Don't allow your insecurities and pettiness to hold others back. People around you need your best, not your baggage. As a leader that lifts, be willing to call out the best in people. At the end of the day, all people want and deserve is a leader that believes in them and is not intimidated by their rise.

## LEADERS THAT LIFT BUILD RELATIONSHIPS

A leader that lifts knows the power of connections and relationship building. While you may have the ability to lift those around you, it may be another that takes them further on the journey than you. Make those connections anyway. The people you lift may just be one connection away from reaching their dream and realizing their destiny.

## LEADERS THAT LIFT BUILD **MOMENTUM**

The compound effect of leaders that lift is it creates an energy and momentum that is fueled by those who have been lifted to fulfill their dreams. Would you rather fuel momentum in your organization by coercion or by passion? When you commit to being a leader that lifts you unleash a momentum that you couldn't do on your own.

## LEADERS THAT LIFT BUILD THE FUTURE

This is the lasting contribution of leaders that lift. When you lift others, you are not just improving their lives today, you are helping build the next generation of leaders. In the end, it's not about what you did for yourself. A promising future is built one lifting hand at a time.

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Stephanie W. Mackara, JD **Principal Wealth Advisor** 843-763-4499

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March 11-17, 2021 ■ The Daniel Island News thedanielislandnews.com

# Women and investing: Know your worth



financial news STEPHANIE MACKARA

his month we celebrated International Women's Day on March 8, a global day celebrating the social, economic, cultural and political achievements of women. Next month we celebrate financial literacy month and even with the great strides women have made, this is still an area where we struggle.

As a financial planner, there are several statistics that give me great concern for many women. Did you know that all the jobs lost in December 2020 belonged to women? Adding to a cumulative total job loss value for women in 2020 of more than \$5 million!

For those still working, the gender pay gap continues to persist and by retirement the cumulative earnings gap between men and women is over \$1 million. A survey by S&P Global reported only 26% of women have

money in the stock market and those with savings keep most of it in cash. Lastly, 90% of women will make financial decisions on their own, if they aren't already, either due to divorce, outliving their spouse or simply being savvy. Yet, according to a Fidelity study, less than one third of women feel confident making investing decisions.

Having more money to invest leads to greater wealth accumulation. Women will outlive men, yet most women over their lifetime will earn less and save less than men. Some women may choose to take time out of the workforce to care for children or their aging parents, lowering pension and social security dollars, and even those who remain in the workforce, on average earn 80 cents to every \$1 a man makes. Retirement savings is a struggle for everyone, but for women the odds are stacked against them. Even more troubling is many women are "in the dark" about their financial resources and liabilities and many are unwilling to take a risk in the stock market.

Every couple manages their financial

house differently, some spouses take more ownership than others, and it is like any household chore — divide and conquer in order to keep up with life. However, this doesn't excuse ignorance of financial matters. More often than I would like to admit I speak to women who have recently lost their spouse and are not only grieving, but are completely blind to their financial assets, liabilities and general income needs to run the household.

Fortunately, proper planning can help to prepare women financially. For married couples, I have found that as men age, many want their spouses to get more involved with the finances to make sure everything is in order if something were to happen to them — but many women have no interest. Whether single, married or widowed, it is important to put together a financial plan that takes into consideration assets and liabilities and properly plans out your lifetime income needs

Women must also make investing a priority. Cash is a great asset, but in order to build

the type of wealth that can provide a person with financial freedom, some of it must be invested. A well-designed financial plan will provide a clear picture of what you need to save and invest to reach your specific retirement income needs. We work hard to earn our money, it should be working hard for you and the best way to do that is with a sound investment strategy.

Make your financial wellness a priority. Don't be a statistic; take a few hours to create a plan, get educated and check in one time a year to remain informed and up to date on your plan. This isn't about being "interested," this is about being engaged and taking control of your future. I promise you, you are worth it.

Stephanie Mackara is a wealth advisor at Charleston Investment Advisors LLC. Though the contents of this article should not be construed as investment advice, feel free to reach out to Mackara at smackara@ charlestonia.com to discuss your specific financial situation. To learn more visit CharlestonInvestmentAdvisors.com.









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## Agent offers affordable health insurance options



meet the merchant

MARIE ROCHA-TYGH

Health insurance is an important part of protecting yourself and loved ones. The coronavirus crisis has made the coverage even more crucial. During the pandemic many people not only lost their jobs, but also lost their access to health insurance. The complex plans can be confusing, but there is support to find the perfect coverage.

Daniel Island resident Nicole Stewart of HealthMarkets can quickly help find plans to meet individuals and family insurance needs. Stewart has worked in the industry since 2017 helping clients navigate the ever-changing insurance landscape. Best of all, the licensed and trained insurance agent offers her services at no-charge to local residents. Stewart also serves clients across South Carolina and is currently licensed in eight states.

Stewart works hard to identify the unique insurance needs of every client and every

budget. Her expertise includes health, life, small group, Medicare and supplemental insurance.

"Whether you have lost a job, moved or retired. I have the knowledge, and technology to quickly provide people with plan comparisons, pricing and carrier choices – all for free," Stewart said.

Annually, Britney Wooley and her family meet with Stewart to make sure they are purchasing the right insurance for their particular needs.

"Each year she sits down with us and evaluates our current plan and explains other options to us as well," Wooley said. "We truly appreciate her timeliness, patience, and ability to go above and beyond until we are satisfied with the plan that works best for us. I would highly recommend Nicole for exploring health insurance options. She diligently took the time to understand my family's needs and made adjustments accordingly."

When Kathy Markham needed insurance she turned to Stewart to help her family find the best coverage available.

"Nicole made signing up for health insur-



**Daniel Island resident Nicole Stewart of** HealthMarkets can help residents navigate their health insurance needs.

ance an easy process. She quickly determined our options and level of coverage we desired and showed us our choices. She filed all the paperwork and we got our cards. She is very knowledgeable and always available when we need her," Markham said.

Stewart says not to worry if you missed the enrollment period for 2021 insurance;

## During the pandemic, many people lost access to health insurance.

due to pandemic problems the time frame to get coverage has been extended. "Anyone who missed the enrollment period or wants to make a change can still get health insurance," she said. "The enrollment period will run from Feb. 15 through May 15."

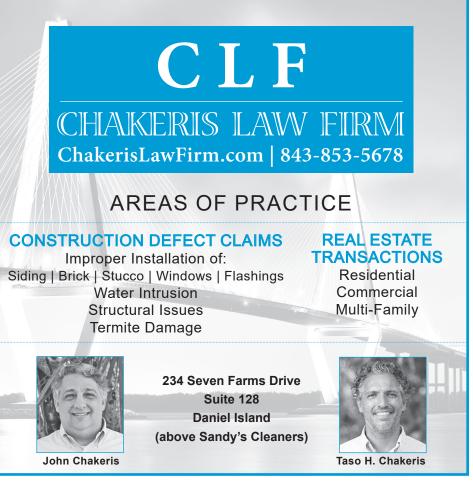
Stewart has a unique style when it comes to providing health insurance.

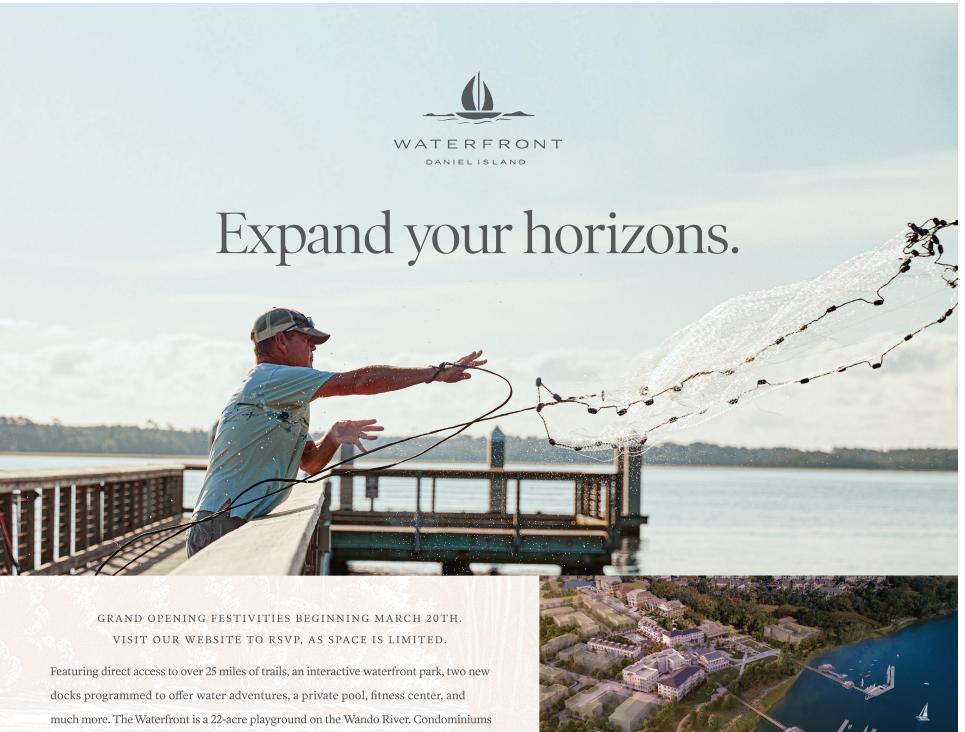
"One thing that sets me apart is my holistic approach," she said. "We like to look at health insurance .... find the gaps in those plans and make sure that your loved ones will be covered for whatever life might throw at them. I help my clients be prepared for the unexpected."

For more information, go to healthmarkets. com/nstewart.

If there are any local merchants you'd like to see featured in an upcoming column, email marie@thedanielislandnews.com.







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Cainhoy stables,

farms and

equestrian

centers share

equine culture

Tuxbury Farm is occupied by 20

warmbloods and ponies.

horses, predominantly thoroughbreds,

evolution of

# 

## **ZACH GIROUX** zach@thedanielislandnews.com

orse racing in the Lowcountry may not be a staple or a pastime by any stretch of the imagination, however, one esteemed man's undying passion for the sport undoubtedly played a part in the local equestrian progression over the years.

The late Harry Frank Guggenheim, a renowned industrialist, diplomat and naval aviator in both World Wars, once owned all of Daniel Island and much of the Cainhov peninsula. Aside from being a former U.S. Ambassador to Cuba during Pres. Herbert Hoover's administration or having friendships with men like aviation pioneers Charles Lindbergh and James Doolittle, he was also known for being quite the avid horseman.

Guggenheim's ties to the equine industry date back as far as The Great Depression. Since 1929, he has been revered as one of the major thoroughbred racehorse owners and breeders of all time.

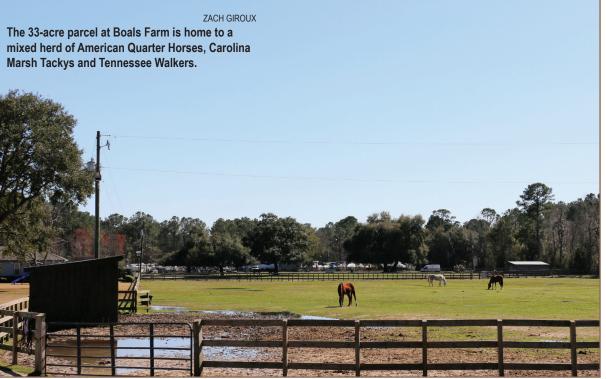
In 1935, Guggenheim purchased his first parcel of land, approximately 10,000 acres on the Cainhoy peninsula. He optimized the land from a plantation, known as Cain Hoy, to a cattle ranching operation.

His horse racing and breeding facilities, which he renamed from Falaise Stable to Cain Hoy Stable in 1943, oddly enough weren't located in the Lowcountry. Guggenheim's operation was headquartered in Jobstown, New Jersey, and had training centers based out of Columbia, South Carolina, and Kissimmee, Florida.

The pinnacle of Guggenheim's career on the flat track came in 1953, when his horse Dark Star defeated the legendary Native Dancer in the Kentucky Derby. The longshot victory at Churchill Downs denied the favorite from capturing the Triple Crown that year.

A street on Daniel Island, Dark Star Lane, was named after the coveted stallion. The name was changed in 2018 because the developers wanted to use the name more prominently in the Cainhoy Plantation community.

Today, 50 years removed from Guggenheim's passing in 1971, his love for all things horse related beats on at a local level. New families with new traditions are carrying on a similar fondness now and for generations to come.



The Daniel Island News ■ March 11-17, 2021



Natasha McCarthy, owner of White Horses equestrian boarding and training facility in Huger, iumps over a hurdle with ease.

## The Stubles at Boals Farm

The Stables at Boals Farm located off of Clements Ferry Road has been in the Boals family for nearly 60 years. The 33-acre parcel established in 1965. home to a mixed herd of 18 American Quarter Horses, Carolina Marsh Tackys and Tennessee Walkers, is run by Charleston native Tommy Ray Boals Sr.

Tommy is brothers with Shem Creek restaurateurs Ronnie and Wade Boals.

Boals Sr. originally cleared the land, dug the ponds and sawed the lumber to build the barns.

cane and refined it into cane syrup. There is a vintage syrup kettle in a syrup house on site that has been in the Boals family since the 1800s.

keep the grass cut for wedding venues. Four years ago, Boals Farm started hosting weddings, corporate parties, and even movies have been filmed on site.

"real good friends," according to Tommy.

"(Harry) was a fantastic man, down to earth," Tommy said. "As wealthy as he was you would never know it."

Tommy hails from a long line of rodeo cowboys and has been around the

## **FARM FUN FACTS**

- Purchased: 1965
- Owner: Tommy Boals
- Acres: 33
- Types of horses: American Quarter Horse, Carolina Marsh Tacky, Tennessee Walker
- Number of horses: 18
- Number of boarders: 18

business since he was barely old enough to stand upright. The Boals family primarily raced horses in Pennsylvania and

oughbreds," Tommy added.

All of the horses currently on property are working horses. One horse on the property is available for riding lessons, while the rest are individually owned.

# Tuxbury Form Equestrian Center

Tuxbury Farm Equestrian Center in Wando consists of 29 acres of land with an old railway beside a marshy intracoastal waterway. Previously owned by the International Paper Co., it was purchased 40 years ago by homeowner and landowner Angela Waits of New Jersey.

Established in 1993, the horse farm initially started off as a center for riding,

showing, camps and clinics. To this day Waits still gets calls for lessons, which the center started in the 1990s but ceased three years

Now, it's a humble home for privately boarding individuals' horses. The farm is occupied by 20 horses, predominantly thoroughbreds, warmbloods and ponies.

Originally, Waits bought her daughter a horse at a young age and in order to afford the payments she started a boarding center.

"Since I was that big I've loved horses," Waits said. "... I had a horse growing up as a teenager but I wasn't planning on doing all of

Owners of the horses are permitted to have an instructor as long as the instructor is self-insured and approved by the farm. One of her current boarders is an instructor

"At my farm I don't have outsiders," Waits said. "It's people who have horses here and so they have a real vested interest with their integrity and whether they get to stay or not."

## **FARM FUN FACTS**

- · Purchased: 1993
- Owner: Angela Waits
- Acres: 29
- · Types of horses: Thoroughbreds, warmbloods, ponies
- Number of horses: 20
- · Number of boarders: 14

PHOTOS BY ZACH GIROUX

Above: Tuxbury Farm Equestrian Center in Wando consists of 29 acres of farmland managed and owned by Angela Waits. At right: White Horses hosts a hunter jumper horse show where the College of Charleston equestrian team holds its home matches.

## White Horses

White Horses equestrian boarding and training facility is a slice of horse paradise in the heart of Huger. The facility is home to a hunter jumper horse show where the College of Charleston (CofC) equestrian team holds their home matches.

aged by Natasha McCarthy and her husband Michael. originally from Washington, D.C., White Horses is home to European warmbloods imported from all over Europe.

Owned and man-

## Purchased: 2015 **Owners: Natasha and Michael McCarthy** Acres: 25 Types of horses: European

**FARM FUN FACTS** 

warmbloods Number of horses: 30 Number of boarders: 19

Previously, McCarthy worked at Tuxbury under Waits for nine years, prior to opening White Horses in 2015. Three years later she was named CofC's head coach of the equestrian team.

McCarthy is just the second head coach in the history of the college's program, succeeding longtime head coach Bob Story, who retired after originating the program in

"This is more than just a hobby," McCarthy said. "This is a hobby with a very certain agenda with competition in mind."

White Horses boards 18 horses for private clients and 12 horses for CofC. With a roster of 35 girls, CofC's team competes nationally and operates under the U.S. Equestrian Federation.

McCarthy has horses in her barn worth anywhere from \$35,000 to \$150,000. She estimates one in particular, owned by professional equestrian and celebrity Georgina Bloomberg, daughter of former New York City mayor Michael Bloomberg, is worth approximately \$500,000.

"We are very particular here because our horses are sport animals and they do carry high price tags," McCarthy said. "... So they do expect to get pampered a little more."

In 2020, CofC won the regional championship. On Sunday, March 14, they will host the annual tournament.





Tommy and his father Ronald M.

The farm initially grew sugar

At 74 years old, Tommy modestly admitted all he does nowadays is

The Boals and the Guggenheims, particularly Ronald Sr. and Harry, were

"We were more cowboys than anything else but daddy had a thing for those thor-



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March 11-17, 2021 ■ The Daniel Island News thedanielislandnews.com **SPORTS** 

## PSHS junior Haight named to all-state basketball team

## Leake, Greene earn all-region nods

PHILIP M. BOWMAN sports@thedanielislandnews.com

Miles Haight's first three seasons as a member of the Philip Simmons High School boys' basketball team has included some outstanding individual achievements.

He recently became the first male hoopster at PSHS to be named all-state. And, he was a shoo-in next season to become only the third player in the school's brief history to join the elite 1,000-point club, joining his brother, Marc, and Jaylen Green in the club.

But as he prepares for his senior season, he's focused on team goals.

"It would be pretty tough to get it now with such a short junior season," Haight said of reaching the 1,000-point club. "But I'm more focused now on making a run at state next year.

"Next year my goals are to win region and obviously win (the Class) 2A state championship," he added.

That would be another first for the program under coach Garrett Campbell who led his team to a 6-3 record this winter in a COVID-19 pandemic season.

The team had three all-Region 6-AA selections including Haight, Antonio Leake, and Jac'Que Greene.

"Antonio had an outstanding four-year career at Philip Simmons," Campbell said. "A four- year starter, he has helped establish a winning culture. Jac'Que had a break-out season for a sophomore and established himself as a perennial all-



Miles Haight

region player for the next two seasons. He is a physical guard who can play above the rim and who is starting to

become a knock-down shooter, too."

Haight, a 6-foot, 160-pounder has the ball-handling skills and leadership qualities to play point guard. And he's got the touch to play shooting guard.

He averaged 16 points a game this season with four assists and three rebounds.

Campbell said Haight's bid to join the elite scoring club probably will not happen. He has scored 500 points in three years, and the short season cost Haight dearly. If the team had played 10 more games



**Antonio Leake** 

during 2020-21, Haight might have been only 340 points from the milestone when the next season tips off.

Haight's accomplishments on the court are only half of the story. He's an outstanding student who has the smarts and grades to go elite at the

He's looking at some of the best programs in the Ivy League. That would be a lot of work, but Haight works a lot.

next level. Academic elite, that is.

"It takes a lot of diligent work in order to balance both basketball and school," Haight said. "It's difficult finding time to finish assignments and study during the season, but time management is necessary for



Jac'Que Green

maintaining good grades. I haven't zoned in on any particular college or major. But I'm very interested in attending an

Ivy League school."

Campbell is building the program with a solid foundation. The season was short, but the step to the next level of success was taken.

"Considering the circumstances, we had a great season," Campbell said. "We had four times the amount of practices than we did games, but the guys continued to show up every day to compete and get better. We had the most successful region play in school history which allowed us to recognize three of our players as all-region and all-state."



JEEP MCCABI

Bishop England senior guard Jaiha Williams (5) brings the ball down court past a Keenan High defender during the Class AAA girls state basketball championship game March 5.

## BE girls finish runner-up in state final

#### PHILIP M. BOWMAN

sports@thedanielislandnews.com

It was a season of uncertainty, with a dash of heartache and hope.

And in the end, it included drama, lots of drama.

The Bishop England girls' basketball team came up a little short in Friday's Class AAA state championship game, dropping an intense 62-55 decision to sophomore superstar Milaysia Fulwiley and the Keenan Raiders.

But the score doesn't tell the entire story. The Bishops fell behind early and found themselves in a 19-point hole in the contest, which was played at USC-Aiken. The Bishops cut the lead to three points with less than a minute remaining in the game. But Fulwiley hit some key foul shots with the game on the line to give the Raiders their second consecutive state title.

"We just dug ourselves in too deep of a hole," said Bishop coach Paul Runey, whose team was making its eighth appearance in the state championship in the last 10 years. "I have been using that phrase a lot when I talk about the game. In the end, every time we made a move, they were able to counter."

The Bishops, who finished with a 12-2 record, fell behind by 12 points at the end of the first quarter and were down by 17 at intermission. Keenan pushed the lead to as much as 19 in the third quarter before the Bishops stormed back.

The 2020-21 season will be forever remembered as the season that was defined by the COVID-19 pandemic. The season was cut short, and there were times the Bishops didn't know if they were playing a game until hours before the scheduled tipoff.

Once the Bishops reached the playoffs, they had to deal with personal loss. Runey's wife, Patty, passed away and Runey missed the first playoff game. But he returned to lead his team.

Senior Lily Woods led the Bishops with 22 points, hitting 10 of 22 from the field. She grabbed five rebounds and handed out four assists as the Bishops played with passion in an attempt to win one in memory of Runey's wife.

"She was a very, very sweet person,"

Woods said of Mrs. Runey. "She loved Bishop England and she loved her family. And, we were part of that family. She loved watching us play and she loved watching coach Runey coach. You could see their love for each other."

But in the end, it was a case of too much Fulwiley, who collected 29 points and six assists

"She's the real deal," Runey said. "We knew Fulwiley would create problems. We just couldn't stop her."

Woods and Jaiha Williams, the team's captains, played in their final game. Junior Ally Dominiak scored 18 points for the Bishops, hitting eight of 20 from the field. Princess Scott dominated on the boards, collecting 11 rebounds.

Just a few years ago, the Bishops were the toast of Class AAA. But now it seems Keenan has that title. Fulwiley is only a sophomore and just her presence makes Keenan the team to beat in 2021-22.

"You are going to have to be the cream of the crop to win the state title," Runey said. "Keenan will be tough, and Camden will present a challenge as well."

# More daylight, more time for fishing



fishing trends GREG PERALTA

Daylight saving time begins at 2 a.m. on March 14. What does this mean for anglers? More time to fish!

With an extra hour of daylight, late afternoon fishing is once again a possibility. The water temperature is rising, and baitfish are returning to the creeks. So, I am getting ready to start top water fishing. There is nothing better than being on the water at sunset and having a redfish or trout explode on your top water lure. Be warned, it is highly addictive.

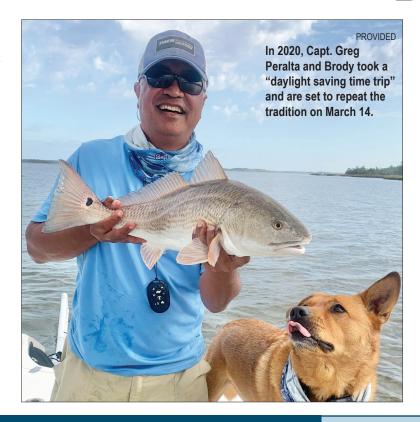
This year, my top water lures of choice are the Heddon Zara Spook Junior and Shimano Colt Sniper Walk 95F. Both of these lures weight 1/2-ounce, much heavier than the lures I usually fish. So, I am adding a couple of 7-foot medium action rods with 3000 frame reels to my arsenal. The reels will be spooled with 10-pound PowerPro braid. I recommend adding a two-foot leader of 15-pound monofilament. Do not use a fluorocarbon leader as it sinks and dampens the movement of a top water

cadence works well for both the Zara Spook and Colt Sniper. When the water temperature is below 68 degrees, a slower cadence seems to get more strikes. Don't be afraid to let the lure sit for several seconds on the pause. Some of my most memorable top water strikes occurred when I got distracted and let the lure sit for a long time. Experiment with the cadence. The fish will tell you what they want that day.

Top water pro tip: Smash down the barbs on the treble hooks of your lures. This makes releasing fish much easier. It also makes releasing yourself much less painful. Take my word for it. Smash down those barbs.

Brody is still on hiatus from finding fish and trading stocks. Since he is not working, the A twitch, twitch, pause retrieve concept of fishing after work seems pretty silly to him. Don't let Brody deter you. Go fishing after work!

> Contact Captain Greg Peralta at captgregp@gmail. com or call (843) 224-0099.



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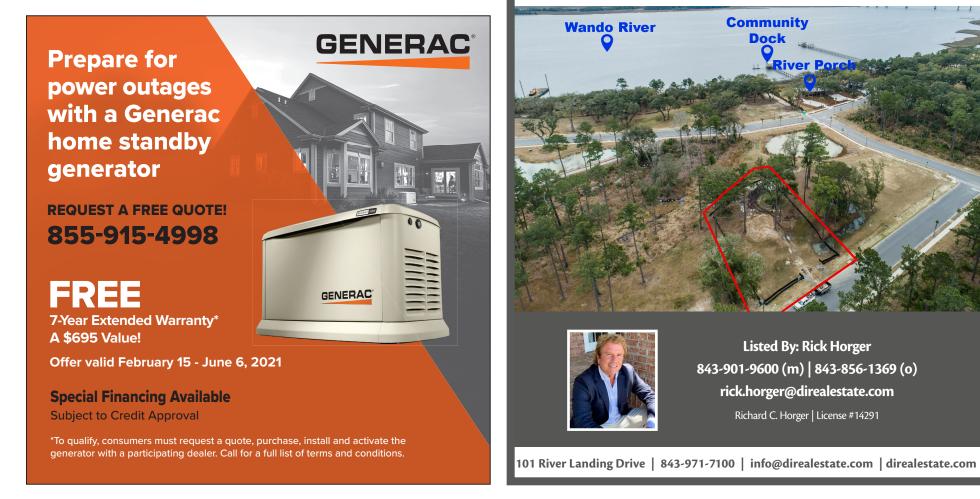
thedanielislandnews.com **SPORTS** | 21

## IRON HORSES FORGE AHEAD



PROVIDED

The Philip Simmons junior varsity girls' basketball team closed out the season with a 5-1 record. Although the COVID-19 pandemic caused some issues with the schedule, the student athletes persevered through it all. "I was so proud of our girls," said JV coach Greg Taylor. Pictured above, from left to right, are Haley Taylor, Hannah Rosato, Zyi Sumpter, Grace Ward, Kelsey Keifer, Alexandra Januzzi, Lily Kaye Vance, and Janay Brown. Not pictured is Jules Blair.





# Dry needling gets to the point of the pain



Fitness & WELLNESS

JONES, PT

est, ice, compression, heat, aspirin these are all common treatments for pain. Massage and chiropractic adjustments may also provide temporary pain relief, but what about dry needling? The use of dry needling for pain relief has grown in popularity over the last few years and is a valuable tool used by physical therapists.

Dry needling is the use of thin needles to treat musculoskeletal pain and weakness. The needles do not inject anything (hence the term "dry"). They are extremely thin; in fact, most people report sensing just a tiny pinch or not feeling anything at all. The therapeutic needles are typically inserted into the painful areas within the muscles. Do you know how applying pressure to your upper back or shoulder areas usually uncovers tight and tender spots? Well, these sore spots are examples of where

we would insert dry needles.

One of the most common techniques is combining the needles with electrical stimulation (or E-Stim). Small doses of electricity are run through the needles creating repeated muscle contractions. These involuntary contractions help to desensitize the area and relieve pain.

How exactly does the combination of the needles and electrical stimulation work to help relieve pain? First, there are local effects on the muscle tissues. These include decreased acidity in the painful area, reduced inflammatory molecules, and a temporary improvement in blood flow directly to those aches and pains.

However, the main effect stems from the impact that the treatment has on your nervous system. In this way, it's no different from other soft tissue work. Common manipulations like massage, foam rolling, and soft tissue scraping result in pain relief by changing your brain's threat perception to the area. For most people, dry needling happens to be a more potent stimulus to create this nervous system change. One might consider it a pinpoint massage.

Now you may be wondering how this all ties into physical therapy and long-term pain relief.

Well, unfortunately, dry needling by itself cannot permanently cure pain. Temporary pain relief is achieved when the needles' stimulus relays to the nervous system "Hey muscles, relax a bit. Act more normal." This message opens a temporary window of opportunity, one that we can take advantage of and create adaption with strength training.

Genuine long-term nervous system and local tissue changes do not occur from dry needling alone. A follow-up stimulus (you guessed it, exercise) is necessary to make a lasting, more permanent change. This long-lasting change is directly related to pain-free daily movement. Physical therapists often utilize the process of dry needling to mute pain before leading patients through therapeutic activity. Dry needling is an efficient tool to dull discomfort associated with exercising a painful body; however, it is the follow-up activity that creates long-term pain improvements.

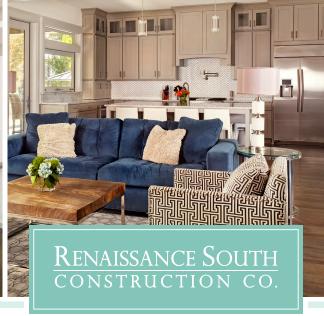
Dr. Nate Jones is a doctor of physical therapy with Made2Move Health and Human Performance, a physical therapy and movement specialist clinic on Daniel Island. Visit made2movept.com.



Dr. Hannah Breal treats a patient with dry needling at Made2Move on Daniel Island.

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## REEF RESTORATION

he Daniel Island Inshore Fishing Club went to the Department of Natural Resources Fort Johnson Campus on James Island to help with an oyster restoration project. The group helped construct manufactured wire reefs to be placed in various areas around Charleston. "As a result of our efforts and our time volunteering, the club is going to get to choose where

some of the reefs are placed around the Daniel Island waters," said Cole Donley, a member of the organization.

The group requested the use of Manufactured Wire Reefs, in-lieu of oyster bags, during the 2021 reef building season, Donley said. "These reefs are made of galvanized wire and filled with a veneer of recycled oyster shell. This method will prevent volunteers, and staff, from having to work in close proximity through the creation and deployment of oyster bags. This reef method can be constructed and deployed in a socially distant manor, but still engage recreational fishers in the reef preparation and construction process."

The faux reefs will be installed in local waterways later in the summer.





Above: The Daniel Island Inshore Fishing Club assisted DNR at the Fort Johnson Campus on James Island with an oyster restoration project.

At left: The club members volunteering with the oyster restoration project were, from left, Bill Maguire, Dan Jenrich, Jim Lemcke, Cole Donley, Bill Isley, Bill Bates, and John Parlante. Also participating was Glenn Von Rosenberg, not pictured.



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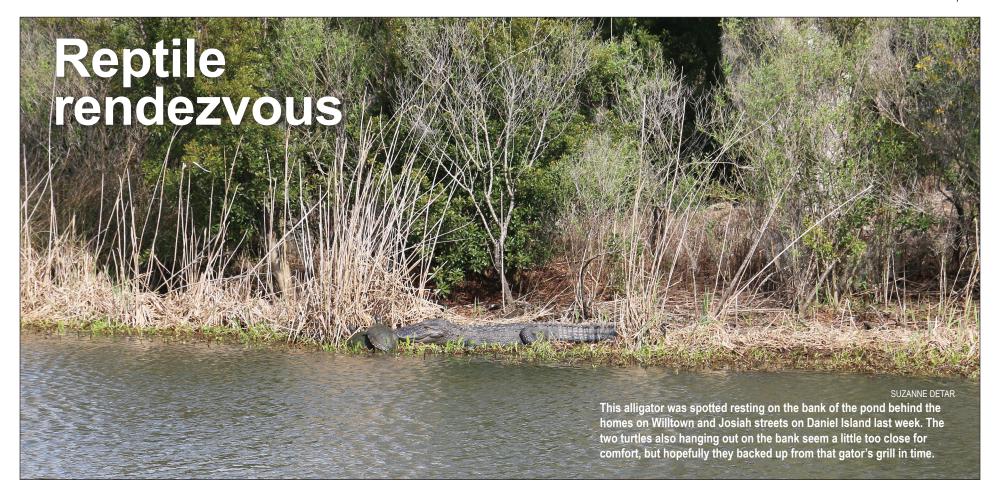


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Fi y D in

# **BE juniors tackle Lowcountry Student of the Year Campaign**

#### **ELIZABETH HORTON**

news@thedanielislandnews.com

Bishop England student Caitlin Keffer has a full plate. As a junior in high school, she is a member of Youth in Government, National Honor Society, Key Club, and Mu Alpha Theta club. Her classmate, McKenna Young, has an equally challenging schedule: She is a competitive Irish dancer, a member of the National Honor Society, math club, engineering club, and the class boards.

The two girls have been friends since fourth grade, and although their full calendars rival that of a busy executive, they are carving out time to serve others in a meaningful way.

During the past seven weeks, the duo has participated in the Lowcountry Student of the Year campaign to raise funds for the Leukemia & Lymphoma Society (LLS). Student of the Year is a philanthropic leadership development program for exemplary high school students. Participants in the program hone professional skills such as entrepreneurship, marketing, and project management while competing with top students across the Lowcountry to raise funds and awareness for the LLS. The team that raises the most funds earns the coveted title of Student(s) of the Year.

On Jan. 16, Keffer and Young set a lofty goal: to raise \$15,000 in less than two months.

"To raise money Caitlin and I have been meeting with businesses, sharing our mission, and asking them to partner with our campaign," Young said. "Also, we have been reaching out to our community for donations. Due to the pandemic, my team has had to do all fundraising virtual, including Zoom business meetings and an online silent auction."

The Daniel Island Community Fund stepped in and made a commitment to support Keffer and Young. "The Daniel Island Community Fund has set up a Donate2it page to help us with our fundraising," Keffer noted. "One hundred percent of donations made via the Donate2it page will be given to the Leukemia and Lymphoma Society and will be put towards our total fundraising goal. Once the campaign ends, the Daniel Island Community Fund will match up to \$2,500!"

As of March 4, the girls have surpassed



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Caitlin Keffer and McKenna Young are part of a leadership campaign to raise funds for the Leukemia & Lymphoma Society.

their goal and have raised over \$16,000. According to Keffer, "The money raised through this campaign is directly spent on research and trying to find a cure for blood cancer."

While working on the project, Keffer and Young had the opportunity to connect directly with children who have been battling cancer.

"I had the honor of meeting Brady over Zoom in 2020. Hearing his story of being diagnosed with cancer and his countless chemotherapy treatments since then, extremely impacted me ... Brady's optimism and cheerful attitude has been a huge motivator during this campaign," Young said.

Keffer added, "We had the opportunity to meet Claire, over Zoom. Claire is a 14 year old who lives on Daniel Island and ... was diagnosed with Acute Lymphoblastic Leukemia in August of 2019 ... Both Brady and Claire have inspired us to help raise money for LLS and to help find a cure, so that no one has to be told that they have cancer again!"

Both girls hope to pursue careers in medicine and have been encouraged by participating in the project.

"Cancer affects everyone at some point in their life," Young said. "Knowing that what I would be raising money for would in some way, even if it is small, help end cancer and would improve cancer treatments, especially for kids, inspired me to become involved."

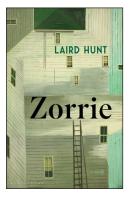
## **March toward mystery and history**



## read all about it

BECKY BECHHOLD

My absolute favorite book this month is "Zorrie" by Laird Hunt. This is a quietly stunning work profiling the life of a stalwart, humble, deeply kind woman making her life in the Indiana farm country from



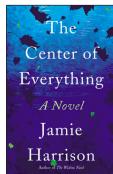
the Depression to the mid-20th century. This has received stunning reviews.

"The Rib King" by Ladee Hubbard is another excellent book. This should have been a selection for Black History Month. The tale

of early 20th century life for Blacks who were still "serving" in the masters' house with few options available. It becomes a tad complicated at the end but Hubbard delivers an unflinching portrayal of the callous treatment of our fellow man.

At first blush, "The Fortunate Ones" by Ed Tarkington looked to be another story about rich Southern folk who treat the less affluent with disregard. It was actually much more complex than that simple description. It reinforces the unsavory image of politics – "I will sell my soul to be elected" – but there are consequences. I enjoyed the book and if you have any familiarity with Nashville, you will appreciate the Belle Meade setting.

"The Center of Everything" takes place in 2002 as Polly looks back over her family history trying to make sense of her memories after a traumatic head injury. It has some plot turns that are both shocking and heartwarming. The



author is Jamie Harrison whose previous work "The Widow Nash" is another favorite of mine. Harrison lives in Montana and writes with admiration and respect for the Western environment.

Julia Claiborne Johnson is another repeat author for me. I was charmed by "Be



Frank With Me," a previous book, and her newest work is just as entertaining.
"Better Luck Next Time" is a humorous and engaging tale set on a ranch in Reno Nevada exclusively for women waiting

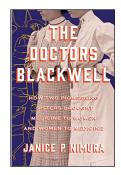
out their residency

requirement before filing for divorce. A fun slate of characters with a poignant ending.

"Bloodline" by Jess Lourey is a creepy thriller that borders just close enough to reality to make your skin crawl. Religious fanatics scare anyone? "Girl A" is a debut novel by Abigail Dean. A suspense story of a family of children who break out of a captive home life. But how do they have different memories of their shared circumstances? It's those religious extremists again. A well-paced, engaging read.

"Thursday Murder Club" by Richard Osman is set in a retirement home in England and a group of four residents who use their unique skills and resources to

solve crimes. The characters are exquisitely drawn and their talents are, of course, underappreciated by younger detectives. Happily, Osman is already writing another case for these sleuths.

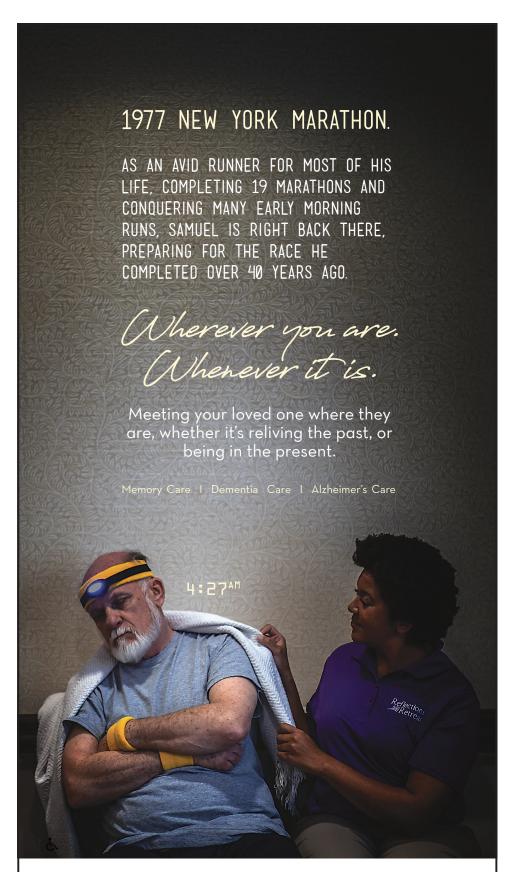


George Singleton teaches at Wofford

College and writes mostly short stories. "You Want More" is the first of his collections that I have tried. Definitely a Southern take on humor but neither silly nor slight.

The non-fiction selection this month is "The Doctors Blackwell" by Janice Nimura. I was excited to read this since I am a physician and I learned that the Blackwell family lived in Cincinnati where I lived and practiced for many years. This book gives a complete picture of the struggles of ambitious women in the 1800s but particularly of those who dared to study medicine. Though Elizabeth was the first woman to obtain an MD, she really was never interested in practicing medicine. Her younger sister Emily was the practitioner while Elizabeth focused heroic and groundbreaking efforts to medical education. This is an excellent book for high schoolers male and female.

Learn more at Beckysbookclub.com.





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#### **ACROSS**

1 Arrivederci! 5 Sad endings 9 Au revoir! 14 Expert 15 Canton locale 16 School-year divisions 64 Hasta la vista!

17 Hemingway novel 20 Understand

21 Moor grass

22 Dental filling

23 Pamphlet

25 Cheese-maker's extract

27 Threadlike

29 Lion tail

30 Pongid

33 Skin disorder

36 Dudgeon

37 Wing-shaped 38 Philip Roth title

41 Part of A.D.

42 Meddle

43 French star 44 Ruby, of films

45 Greek letter

46 Smell

47 Press person?

49 Short dogs, for short

53 Popular astronomer 55 \_\_\_ prius court

57 Pay attachment 58 1918 hit song

61 John, of music

62 Tuscany's river 63 Great deal

65 Roster

66 Cheerio!

## **DOWN**

1 Strand 2 Conclude

3 Circe's island

4 Bobby, of hockey

5 John Wayne's birthplace

6 Vino, e.g.

7 Diacritical mark 8 Impresario Hurok

9 Makes up for

10 Distributed cards

11 Akkadian deity 12 TV award

13 Letters on a carrier

18 Bury

19 Like a Christmas tree

24 Doctrine

26 Octavia's spouse

28 Caller's instrument

30 Toulouse- Lautrec's hometown

By Charles Preston

31 Simon or Williams

32 Gaelic

33 An expletive

34 Spruce fruit

35 Time follower

36 Gelid

37 Roman love

39 Actress Gray

40 Ideal spot

45 Shrimp cousins

46 Familiarize

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48 It precedes Febrero

50 Australian tree-dweller

51 He wrote "Ash Wednesday"

52 Yuletide visitor

53 Small herring

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58 Darjeeling

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by Patty Gibbons Saunier

## **Mistaken Adverbs**

Choose the correct adverb in the sentences below.

1. Nora (accidentally, accidently) dialed the wrong number.

2. (Coincidentally, coincidently), I had lunch with Margie yesterday.

3. Kevin will (undoubtably, undoubtedly) return home when he runs out of money.



Answers: 1. accidentally 2. coincidentally 3. undoubtedly



## MARCH: SAVE THE DATE EVENTS

#### **FOOD PANTRY COLLECTION**

Families Helping Families food pantry is collecting donations of nonperishable food items at Devon Self Storage, 2076 Wambaw Creek, Charleston, throughout March. They are open Monday-Friday, 9:30 a.m.-6 p.m. and Saturday 9 a.m.-5 p.m.

#### **BLOOD DRIVE**

Leukemia & Lymphoma Society Team Rhys Shaw Blood Drive will be held on Sunday, March 14, from 12-5 p.m. in the Park Club Parking Lot (715 Island Park Drive). To make an appointment, go to bit.ly/2OcNArK. The sponsor code is 2419.

#### SOCIAL MEDIA WORKSHOP

The Berkeley Chamber is hosting a social media workshop on Tuesday, March 16, at 1 p.m., presented by Viamark Carolinas Advertising, the workshop will teach you how to develop a social media platform that gets results to grow

your business. To register or for more information call 843-761-8238 or go online to berkeleysc.org.

#### WALK FOR WATER

Water Mission's annual Walk for Water set for March 20 features two options – walk virtually at a location and time of your choice, or register for a specific time slot at Riverfront Park in North Charleston, 9 a.m. - 1 p.m. Registration is \$25 for adults, \$10 for youth, children 4 and under are free. Sign up online at Charlestonwalk.org.

#### **ROTARY CLUB BLOOD DRIVE**

The Rotary Club of Daniel Island will host a blood drive on Tuesday, March 30, at the Church of the Holy Cross at 299 Seven Farms Drive, 3-8 p.m. Register online at danielislandrotary.com.

#### MARCH FOR MEALS

The East Cooper Meals on Wheels program will benefit from a "round up" program at several area restaurants

during March and early April. Participating are Burtons Grill, March 8-14; Page's Okra Grill, March 15-21; Sesame Burgers & Beer, March 22-28; and Callie's Hot Little Biscuit, April 3. For more information or to make direct donations go to ecmow.org.

#### BIKE RAFFLE

Philip Simmons High School Game Day Club is holding a spring bicycle raffle virtually to support the athletic teams due to COVID-19 restrictions. Custom-built BildaBike Beach Cruisers in purple, black and white colors with the Iron Horse decal and a basket or a rack will be given away. The drawing will be held April 2. To participate, go to bit.ly/pshsbikeraffle.

#### **REGULAR MEETINGS**

**DANIEL ISLAND GARDEN CLUB** meets via Zoom the second Wednesday of each month at 3 p.m. Contact Linda Price, Imcwpr@gmail.com.

ROTARY CLUB OF DANIEL ISLAND meets every Wednesday at 7:30 a.m. both in person at the Daniel Island Club and virtually. Email maryjo@mjrcac.com at danielislandrotary.com for more information.

SOUTH BERKELEY DEMOCRATS meet virtually the third Saturday of each month, 10 a.m. Visit berkeleydems.com. TOASTMASTERS OF DANIEL ISLAND meet on Zoom on Saturdays at 10 a.m. Members give speeches, develop communication and leadership skills. Email claire@eduave.com and follow them on Facebook..

WILLINGWAYS "CONTINUED CARE GROUP" is designed to help families who have members struggling with alcohol and drug abuse. Meetings are held at Holy Cross Church, 299 Seven Farms Road, Mondays at 6-30-7:30 p.m. Contact Rhett Crull, 843-323-711.

## GOT AN ANNOUNCEMENT FOR SAVE THE DATE?

Please send details about your local events to calendar@thedanielislandnews. com and remember to include the date, time, location, contact information, and whether the event is virtual or in-person.

## meeting NOTES

These are the issues coming before various City of Charleston boards and committees and the review results that are specific to Daniel Island and the Cainhoy area. All meetings are open for public comment except the TRC meetings.

## CITY OF CHARLESTON DESIGN REVIEW BOARD

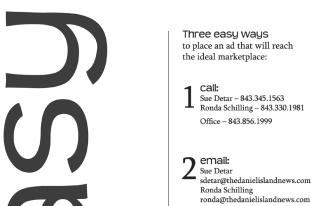
A meeting of the Design Review Board will be held on Monday, March 15. There are no items on the agenda for Daniel Island or the Cainhoy peninsula included.

At the March 1 meeting, items on the agenda for Daniel Island or the Cainhoy peninsula included:

• 162 Seven Farms Drive, Daniel Island. Request preliminary approval for an addition and renovation of an existing Publix super market. Owner: Publix Super Markets Inc. Applicant: Little Diversified Architectural Consulting. RESULTS: Preliminary approval. Board comments included to eliminate the gates into the garden space or to provide a detail for the gates; adopt the Daniel Island Architectural Review Board comments; to substitute the following plants: Paw Paw, TiTi, and Fetterbush; and to increase the installed size of the Inkberry shrubs.

#### REGULARLY SCHEDULED MEETINGS

- Berkeley County Council conducts its regularly scheduled meetings on the fourth Monday of each month at 6 p.m. at the Berkeley County Administration Building, 1003 Highway 52, Moncks Corner.
- Berkeley County Board of Education meetings are held twice each month. The second meeting of each month includes special recognitions of students, employees and community members. Executive Committee meets at 5:30 p.m.; public meeting starts at 6:30 p.m.
- Charleston City Council conducts its meetings on the second and fourth Thursdays of each month at 5 p.m.



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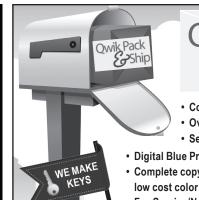




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#### **Furnished Townhomes** 7945 H Timber Creek Lane. 2BR/2BA; approx. sqft. 950

#### Unfurnished Townhomes 823 Porcari Street.. .\$2200 3BR/2.5BA; approx. sqft. 1672 1076 Marsh Court Lane.. ..\$1895 3BR/2.5BA; approx. sqft. 1370

## 2BR/1.5BA; approx. sqft. 1200 **Furnished Apartment** 159 Tradd Street #B.

\$1295

292 Fleming Road #C ....

1BR/1.5BA; approx. sqft. 950	
66 Saturday Road Unit 1	.\$1975
1BR/1BA; approx. sqft. 650	
Unfurnished Homes	
Ollumination for the	<b>#</b> 000F

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312 O'Sullivan Drive	\$2995
BBR/2BA; approx. sqft. 1695	
2125 Summerwood Drive	\$2695
5BR/2.5BA; approx. sqft. 2716	
156 Avonshire Drive	\$1820
4BR/3BA; approx. sqft. 2000	
1955 Trump Street	\$1700
BBR/2 5BA: approx_soft 1500	

## Unfurnished Condominiums

3 Hampden Court Unit D ..... ..\$1595 2BD/1BA; approx. sqft. 850

Your Key to Daniel Island Area Living

#### **Furnished Condominium**

260 Seven Farms Drive #303.. \$2495 2BR/2BA; approx. sqft. 1228

#### Unfurnished Condominiums

130 River Landing Drive #10302.....\$1400 1BR/1BA; approx. sqft. 926 300 Bucksley Lane #103... 1Br/qBA; approx. sqft. 756

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\$7 Picture (black & White only)

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background with white text)

To place an ad email: katherine@thedanielislandnews.com or call 843.856.1999

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# Fifteen, Ten, and Five Years Ago in THE DANIEL ISLAND NEWS

#### FIFTEEN YEARS AGO



March 9, 2006

In the March 9, 2006, issue, the feature story was about Daniel Island resident Charles H. Van Rysselberge, who headed up the Charleston Chamber of Commerce.

In other important news, the City of Charleston's comprehensive plan for a gather-

ing place designation at the intersection of Clements Ferry Road and Interstate 526 was highlighted. The new zoning classification called for a mix of offices, stores and residences and was intended to create a place where people could live, work and shop. That particular project never came to fruition.

#### **TEN YEARS AGO**



March 10, 2011

In the March 10, 2011, issue, the top news story was the investigation of a fire at 899 Island Park Drive, which displaced Parkwood Pediatrics, Crescent Moon Orthodontics, Coastal Kids Dental, Goal Marketing, Swisslog Healthcare Solutions, Samuel Shapiro

and Company Inc., and the landlord, Grove Property Fund. All businesses were seeking to relocate and were thankful for community support and help.

Katharine Matthews, owner of Lucia's Premium Pet was featured and shared this advice: "Make sure you are completely obsessed with the mission of your business. If I wasn't 100% committed to helping improve the lives of animals, I would never have made it in this business."

#### **FIVE YEARS AGO**

The centerspread of the March 10, 2016, issue revealed responses from a DI News survey, which asked readers to dish about their kids'



March 10, 2016

favorite Charleston-area summer camp.

Another news story featured the ground-breaking of Daniel Pointe Retirement Community, the island's first resort-style senior living complex. Daniel Pointe was planned to offer an all-inclusive experience where one price will take care of all residents' daily needs, including chef-prepared meals and a myriad of entertainment options with a full calendar of activities.



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